

## Year One Schedule

**(There are weekly meetings between the mentor and the individual.)**

<b>Month</b>	<b>Item</b>
1	Individual Support (family, food, hobbies, sports, introduction to the program, warm-up analogy, quiet place to study, contact via calling/texting/email)
2	Family and Other Support (Initiate contact with a family member/clergy, contact via calling/texting/email)
3	Institutional Support (Contact with educator, counselor, parole officer, contact via calling/texting/email)
4	Individual Support
5	Individual Support
6	Individual Support
7	Individual Support
8	Individual Support
9	Individual Support
10	Individual Support
11	Individual Support
12	Individual Support