

Home Proposal 4K

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1		FL	FL	FL	FL		
Week 2	FL Fd	FL Fd	FL Fd	FL Fd	FL	FL	FL
Week 3	FL Fd Bed	FL Fd Bed	FL Fd Bed	FL Fd Bed	FL Fd	FL Fd	FL Fd
Week 4	FL Fd Bed Desk	FL Fd Bed Desk	FL Fd Bed Desk	FL Fd Bed Desk	FL Fd Bed	FL Fd Bed	FL Fd Bed
Week 5	FL Fd Bed Desk	FL Fd Bed Desk Vacuum					

Tasks

FL-Floor	Pick up clothes and other items. (If clothes are always hung-up, put into drawers, or placed in a hamper, this item is essentially accomplished.)
Fd-Food and cans	Remove food, dishes, and cans. (If you only permit water into a room, this task is basically completed.)
Bed-Bedmaking	Make your bed in the morning. (A comforter is very warm. Your teenager will appreciate it. With a comforter, bedmaking is simple and painless.)
Desk	It should be cleared each night, when homework is finished. (If it's cleared every night, it's unlikely that important school documents will be left at home.)
Vacuum	Their room is vacuumed once a week starting on Week 5. (Place the vacuum in their room Friday night. They wake up and vacuum their room, and it is clean!
Other tasks	This includes cleaning closets, cloth drawers, and desk drawers. (This can be done between semesters, when the teenager has more time.)

- Child-rearing is challenging.
- A major challenge is teaching your child responsibility.
- How do you teach and get your child to assume responsibility?
- Incremental change is the key.
- Parents will see the value of incremental change, and they will support the process in other areas, i.e., school, finances, etc. They will become stakeholders in incremental transformation.

9/4/12